



eagles palace

HALKIDIKI



eagles villas

HALKIDIKI

**A TRUE SACNTUARY
OF THE SENSES AT
EAGLES RESORT**

SPA THERAPIES MENU

POWERED BY
ELEMIS
LONDON

ELEMIS

LONDON

EAGLES Spa therapists are ELEMIS trained.

They look. They listen. They tune in to you, performing transformative treatments, personalised to respond to the ever-evolving rhythm of your life and the ever-changing nature of your skin. All the treatments are designed to support great skin health; to respect that skin is alive. No two skins are the same. And no two bodies are the same. Every spa therapy is shaped and moulded around you, for a results-driven, personalised experience. ELEMIS pushes the boundaries to develop unique textures, ground-breaking formulations and conduct clinical trials to confirm what we already know; that ELEMIS delivers real results.





EAGLES SIGNATURE THERAPIES

EAGLES Signature Journey powered by ELEMIS 120mins

This powerful Signature Experience combines a high level of relaxation for the body and an Intensive Renewal for the Face. The two-hour journey begins with a Relaxing Massage with nourishing oils and a nurturing Rose Balm that will comfort your skin and ground your spirit. Your skin will be deeply moisturised, intensely suppled and deliciously scented with the aromatic oils of Chamomile and Lavender used in the massage. The second hour of this experience is the powerful synergy of Advanced technology, nature and hands-on therapy with an ELEMIS BIOTEC Radiance Facial. Using a ceramic Ultrasonic Spatula that pumps vibrational energy into the skin, we will exfoliate and stimulate the removal of impurities and dead skin cells; Then we use galvanic current and the power of Elderberry and Orange extracts to restore moisture and vitality. The result will be a 'Top-to-Toe' rejuvenation. Your skin will be radiant, supple and in good health, whilst your movement will feel light as if you are flying on cloud nine.

EAGLES Spiritual Back Massage & Mediterranean Green Fig Facial 60mins

This signature treatment has been designed by ELEMIS exclusively for Eagles Spa. It reflects on the spirituality of the location and the precious Green Fig extracts and their benefits for skin cellular regeneration. The treatment begins with an inhalation of a relaxing botanical blend to get your spirit and body to a state of calmness and tranquillity. You are then treated to a deep muscle release Back Massage with a deeply relaxing botanical blend, before you enjoy a Green Fig Booster Facial. Expect radiant skin with not irritations, full of life and brightness. You will be transported to a beautiful place of tranquillity where stress and worries are non-existent



CLASSIC ELEMIS MASSAGE THERAPIES

ELEMIS Deep Tissue Massage 30/60/90min

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation. As effective as an hour's stretching, but so much more nurturing.

ELEMIS Hot Stone Massage 30/60/90mins

Nothing gets into the belly of the muscle like a hot stone. Bathed in the intensely moisturising Frangipani Monoi Body Oil, a curated range of Balinese stones are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy. The result is sparkling vitality with the added-bonus of intensely hydrated skin.

ELEMIS Frangipani Head & Scalp Massage with Back Massage 60mins

This scalp Massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. Added bonus the amazing Frangipani Monoi Head & Scalp Mask. *This treatment includes a 20min Relaxing Back Massage.

ELEMIS Aromatherapy Massage 60/90 minutes

Take a walk in a Botanical garden with this lavishly hydrating body massage.

The unique Life Elixirs Essences that have been designed to be used in this extremely relaxing massage, will bring everything back to the potency of modern aromatics. Each Essence has been designed for a different mood, enabling this massage to be tailored to your needs.

ELEMIS Poultice-Powered Muscle Release 60mins

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Each area of tension is specifically targeted with the unique Amber and Quartz poultice to dissolve knots and ease tensions. Completed with a restorative facial massage, tension is dissolved.

CBD Relaxing Massage 60mins

This Massage is focusing on further easing pain and inflammation, thereby speeding up recovery. focus on the whole body in a choreographed muscular relief protocol, and we pay extra attention on a choice you make during consultation.

Eagles Spa Stress Relieving Body Massage 55mins

This massage concentrates on soothing away Tiredness, stress, and alleviating tension, including relaxation to the body and mind.

Eagles Spa Anti- stress back massage 25mins

Concentrating on the back, neck and shoulders the masseur will help to relieve stress and tension from your muscles.

ADD-ONS:

Theragun Percussive Therapy

PREGNANCY THERAPIES

ELEMIS Peaceful Pregnancy Massage 75mins

This unique pregnancy massage is a profoundly nurturing and tranquil oasis. Mothers-to-be are lulled and restored to optimum wellness. An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.



MEDI-SPA CORNER HIGH-TECH FACIALS

BIOTEC facial treatments are where ground-breaking technology meets active ingredients and transformative touch. The pioneering innovation of the ELEMIS BIOTEC machine works to switch the skin back on, increasing its natural cellular energy. Technology turbo-charges touch. The clinically proven result? Thriving, visibly healthy and energised skin.

Pro-Glow Genius Facial+, the Ultimate Age-Defying Experience 75mins

Harnessing the powerful benefits of all 5 ELEMIS BIOTEC 1.0 technologies, skin will be visibly smoother, more sculpted, and firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration. Powerful resurfacing technology smooths visible dryness and fine lines, transforming the skin's texture, with the ELEMIS clinically proven formulas minimising uneven tone, pigmentation, and enlarged pores. Skin-fitness and firmness are improved, reducing the appearance of fine lines and deeper wrinkles with highly effective microcurrent technology, whilst Oxygen therapy and Pro-Sculpt Facial Method deliver a visibly lifted skin-defining appearance. The recharging power of multi-dimensional light therapy and a supercharged air massage breathe life into the skin. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

Supercharged with ELEMIS BIOTEC 1.0 Ultrasonic, Microcurrent, Galvanic, Light Therapy & O2 Infusion.

Pro-Glow Resurface+, Reveal Stunningly Smooth Skin 60mins

With a spotlight on minimising pore size and blemishes, this revolutionary facial powered by patented Tri-Enzyme technology transforms the skin's texture whilst minimising the look of uneven tone, fine lines, and pigmentation. Supercharged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt, and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth the appearance of fine lines. Clinically proven formulas accelerate skin's cell turnover to improve clarity, revealing more flawless, luminous skin. Optimal skin wellbeing is boosted by hydration and our multi-dimensional light therapy, known to soften the appearance of pigmentation and rejuvenate the skin. Dull, uneven, tired-looking skin will appear instantly renewed and stunningly smooth and clear.

Supercharged with ELEMIS BIOTEC 1.0: Ultrasonic, LED Light Therapy & Galvanic.



Pro-Glow Smooth+, the Ultimate HIIT Workout for your Skin 60mins

Improve skin fitness and firmness whilst significantly reducing the appearance of expression lines and wrinkles. Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting microcurrent technology, targeting lines and wrinkles for more radiant, youthful-looking skin. Clinically proven formulas and signature skin-lifting massage techniques re-energize and plump, whilst a supercharged air massage breathes life into the skin. Skin will appear more vibrant, with an improved feeling of firmness and elasticity. *Supercharged with ELEMIS' BIOTEC 1.0: Ultrasonic, Microcurrent & O2 Infusion.*

Pro-Glow Brilliance+, your Recipe for Radiance 60mins

Awaken dull, lacklustre skin with this brilliance-boosting facial; a glow-getting, nutrient-rich treatment serving you a daily boost of skin wellness. Experience our ultrasonic peel technology and brightening enzymes to deeply cleanse and remove visible pollutants, makeup, and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich Superfoods will plump and smooth with a supercharged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed, and glowing.

Supercharged with ELEMIS BIOTEC 1.0: Ultrasonic, O2 Infusion & Galvanic.

iS Clinical - Fire & Ice Facial (The Red Carpet Facial) 60mins

Experience the resurfacing and rejuvenation of the legendary Fire & Ice Facial. Designed to rapidly and safely resurface the skin, this professional treatment involves the combination of warming and cooling sensations that will leave your skin feeling refreshed and invigorated. Often referred to as the "Red Carpet Facial", it has been the go-to treatment of celebrities and non-celebrities alike for its effective benefits. Beginning with an intensive resurfacing masque to heat up the skin, the treatment is concluded by a rejuvenating masque to cool down. Enjoy added benefits of refined skin texture, diminished look of blemishes, and improved appearance of fine lines and wrinkles - all with little to no downtime.

ELEMIS FACE THERAPIES

Pro-Glow Hands-On Facials

Pro-Glow Genius Facial, your Line-Fighting Superhero Facial 75mins

Clinically proven intelligent skincare and our triple-level approach to skin hydration results in transformative results for younger-looking skin. Powered by our ULTRA-SMART technology for maximum, multi-faceted facial rejuvenation and skin hydration, the skin will be visibly smoother, resilient, and firmer-looking, after just one treatment.

Pro-Glow Smooth, the Ultimate HIIT Workout for your Skin 60mins

Powerful resurfacing technology lifts away dead skin cells to smooth, renew, and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated. After just one treatment, the complexion looks firmer, supremely smooth, and rejuvenated.

Pro-Glow Resurface, reveal Stunningly Smooth Skin 30/60mins

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

Pro-Glow Brilliance, your recipe for Radiance 30/60mins

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer-looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant, and healthy.

ELEMIS FOR MEN

Men's skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands. ELEMIS responds with high performance facial therapies designed to restore energy, dynamism and lustre to male skin.

ELEMIS Pro-Glow Men's Treatment 60mins

Ultimate facial treatment for ageing, stressed dehydrated skin, and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massages deeply relax.

FACE TECHNOLOGY ELEMIS

Pro-Glow Men's+ Tech Treatment 60mins

This is the facial to de-stress, de-age and de-fatigue the male complexion while activating ultimate skin dynamism. A triple hit of ultrasonic peeling, steam and galvanic current delivers a deep clean, simultaneously exfoliating and powering up Kalpariane's anti-wrinkle properties and Samphire's hydrating potency. An oxygen infusion is the final blast of energy for real, best face forward results.

A multi-tasking, time efficient solution.





ELEMIS BODY RITUALS

Cleansing mineral salts, oil blends rich in actives and transportive aromatics are combined with an unparalleled level of expertise in massage and conditioning. For healthy, revitalised skin and deeply eased muscles.

SCRUBS & WRAPS

ELEMIS Body Nectar Nourishing Frangipani Wrap 60mins

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

ELEMIS Intensely Cleansing Salt Scrub - Lime and Ginger or Frangipani 30mins

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. The fragranced salt of your choice will gently slough away dead skin cells, encouraging the regeneration of new cells and perfectly prepping the skin. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Delivers velvety soft, invigorated skin.

DETOX & CELLULITE

ELEMIS Thousand Flower Detox Wrap 60mins

Enriched by Somerset soil packed with tree, flower and grass rich nutrients, this treatment provides super skin-health and powerful detoxification, helping stimulate the elimination process and restore equilibrium. Omega-rich Green Tea seed oil is massaged into the skin followed by the thousand flower, vitamin-packed, super nutritious earth wrap encouraging the body to surrender its toxins. A nourishing Green Tea balm, rich in minerals, proteins and Omegas - the superfoods of the skin - is the final touch, leaving you feeling completely reinvigorated and the body firing on all cylinders.

ELEMIS Cellutox Aroma Spa Wrap 75mins

Let your thoughts drift away, whilst cocooned in a comforting wrap of rich Marine Algae and detoxifying Juniper and Lemon. Enjoy a facial massage and destress scalp treatment or soothing foot massage. Helps refine the appearance of cellulite and relieve the discomfort of fluid retention.

ELEMIS Targeted Toning Tightener 90mins

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed.

Choose a localised treatment for 30 minutes. Arms, Hips & Thighs, or Abdomen



BOTEM - RADIO HIGH FREQUENCY TECHNOLOGY

RF & VACCUM & LED THERAPY

Botem stimulates new collagen as well as decomposition of fat.

BOTEM FACIAL 45mins

The treatment integrates the Triple P System which includes the three different types of technology Power-RF, Power Suction and Power-LED resulting in increasing microcirculation, renewing collagen production, improving elasticity and fighting fine lines and wrinkles while forming the oval of the face, normalizes sebum secretion preventing acne.

BOTEM BODY 60mins

The treatment integrates the Triple P System which includes the three different types of technology Power-RF, Power Suction and Power-LED resulting in rising Basal Metabolic Rate up to 7%, breaking down existing fat cells, increasing skin elasticity, increasing blood circulation, lymphatic drainage, fighting cellulite, and at the same gives a relaxing sensation.

BOTEM ADD-ON 20mins

BOTEM can be added to any ELEMIS Face or Body in order to enhance slimming, detoxification, tightening, anti-aging treatments and all of these can happen while you rest.

Choose the area of concern

- Buttocks / Upper Legs
- Abdomen
- Arms
- Lower Legs

ELEMIS RITUALS

'SKINTOX' - DETOX RITUAL

Intensely Cleansing Salt Scrub 30'
Thousand Flower Detox Wrap 60'

LIFT & FIRM TOP TO TOE

Targeted Toning Tightener 90'
BOTEM body 60'

PURE RELAXATION 3 DAYS

Freestyle Deep Tissue Massage 90'
Aromatherapy Massage 60'
Best Foot Forward Foot Treatment 30'
Eagles Spa Stress Relieving Body Massage 60'

HANDS & FEET

Garden of England Rose Restore Hand Treatment 30mins

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll waft out with the softest little paws and a blissed-out smile on your face.

Best Foot Forward 30mins

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. Hot wax softens and smoothes to leave feet as supple and fragrant as a Rose.

MEN'S ESCAPE 2 OR 3 DAYS

Freestyle Deep Tissue Massage 90'
ELEMIS Pro-Glow Men's Treatment 60'
Best Foot Forward Foot Treatment 30'
Aromatherapy Massage 60'.

FULL-ON RENEW AND RETREAT - ELEMIS ROYAL PACKAGE 5-6 DAYS

Pro-Glow Smooth 60'
Intensely Cleansing Salt Scrub 30'
Thousand Flower Detox Wrap 60'
Aromatherapy Massage 60'
BOTEM Body 60' x 2
Garden of England Rose Restore Hand Treatment 30'
Best Foot Forward Foot Treatment 30'

WAXING

Half leg wax
Full leg wax
Arm wax
Under arm wax
Bikini line wax
Full bikini wax
Lip & chin wax
Back wax men
Chest wax men
Eyebrows shaping

MANICURE & PEDICURE MEANING

Eagles Spa Manicure 30-50min
Eagles Spa Pedicure 40-60min
Nail Polish 15-25min
Gel Colour 30-40min
Removal of Gel 15min

SPA USAGE

The use of the swimming pool and jacuzzi is free of charge. Whenever you feel like using the spa cabins (Sauna, Hammam-Steam room, Rasul-Laconium, Salt room) is free of charge.

MAKE UP WITH MAC COSMETICS

Day make up
Evening make up
Bridal make up
Make up lesson





SPA ETIQUETTE

Please arrive 15 minutes before your treatment. Prior to your treatment you will be requested to complete a lifestyle questionnaire.

- We request a minimum of 4 hours cancellation notice for a single treatment or 24 hours advance notice for rituals.
- Without notification you will be charged for the scheduled service. Being late for your appointment may shorten the length of your treatment.
- Please remove all jewellery and clothing, leaving on your undergarments.
- Please make sure that your valuables are kept in your locker. The management cannot be held responsible for the loss of any personal possessions.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too fir.
- Your comfort and care are our greatest concern priority.
- If you have a particular injury or physical condition, please explain it to the therapist.
- They can suggest appropriate adjustments to the treatment for your comfort and enhancement.
- There is no pressure to talk during the treatment. it is entirely up to you.
- If you have any questions or would like to talk, certainly do so, the therapist will take their cues from you.
- If you are quiet, they will too.
- Mobile phones are not permitted in Eagles Spa.
- This is the time for your body and mind to release the worries and stress of the day.
- We hope you enjoy the interlude of pampering and relaxation.
- Ensuring our guests relaxation children under the age of 16 should not enter the spa area.
- Smoking is not permitted in eagles spa.

FAMILY SPA HOURS TUESDAY -THURSDAY -SUNDAY 09.00-11.00.





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WORLD SPA
& WELLNESS

FINALIST AWARDS 2019

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Spa working hours 09:00-20:00

Monday to Sunday